ENDLESS POSSIBILITIES

2024 RECAP







Our Mission

To empower BIPOC women and girls from marginalized communities to become leaders, creators, and change-makers.



@ENDLESSPOSSIBILITIESCONNECT

In this newsletter you will find:

Past and upcoming events, our impact, resources, and more. Keep reading!



OUR 2024 EVENTS

Cocoa Calm: A Black Mental Wellness and Self-Care Chat



For February (Black History Month), we wanted to put out a program that was not only a safe space for communication and reflection but a direct response to black community members struggling with their mental health.

Participants were asked to bring nothing but an open mind to join us for hot cocoa, a warm meal, refreshments, and a pointed discussion about the true meaning of self-care.

Feb 24th, 2024 Gore Meadows Community Centre

Women of Courage: Gathering and Healing Circle



The aim: To give women an opportunity to be seen and heard. This all-ages event was a positive space created to give women the opportunity to network, mix, and mingle with each other.

Participating community members were encouraged to share stories and uplift one another in an effort to strengthen community bonds and to foster healing. This program format allowed for a casual setting for younger attendees to receive intergenerational mentorship and advice for pursuing success in a way that prioritizes wellbeing.

March 22nd 2024
Cedarbrook Community Centre



OUR IMPACT

LAST YEAR WE SERVED 500+ WOMEN AND GIRLS! SUPPORTING A FEW WITH COUNSELLING, THERAPY, CREATING POSITIVE SPACES AND EVENTS

OUR 2024 EVENTS

The Women's Courage Awards and Fundraiser



The Women's Courage Awards are hosted every year with the purpose of identifying and celebrating change-makers in our community. With a particular focus on women of colour as well as women facing significant barriers, this ceremony creates space for their stories to be shared; highlighting both their triumphs and their experiences with adversity. The award recipients champion initiatives that are reflective of the organization's mission and vision. This is our 20th year hosting the awards.

Community members in attendance are encouraged to further contribute to the programs and initiatives run by the organization through volunteer opportunities and charitable donations.

Oct 19th, 2024 Sheraton Hotel Dixon 300+ attendees



Women's Courage Wellness Business Conference and Expo



We brought together women from the community to network, build connections, and share ideas on how to run businesses for success. There were special guest presentations, journal reflections, connection-building icebreakers, and even a Zumba class. Several vendors were in attendance and were invited to showcase their businesses and sell their goods to community members.

Special Guest attendees: Mitzie Hunter (President of Canadian Women's Womens Foundation) and Andrea Hazell (MPP for Scarborough- Guildwood)

Aug 10th, 2024
Centennial College Event Centre
Turnout: 75-100 attendees

OUR 2024 EVENTS

Endless Possibilities Town Hall Meeting



Women of Courage: Senior Circle



Our town hall meeting prioritized the discussion of barriers preventing the community from reaching its fullest potential.

The goal of the gathering was to determine how we can develop collective action plans to effectively address these barriers.

Attendees were empowered to speak on their personal experiences and struggles in the pursuit of success. They were also encouraged to make connections between their stories and those of their peers.

Dec 7th, 2024 Holiday Inn Dixon At Endless we continuously emphasize the importance of community. We must include older adults and seniors in the conversation when we discuss building our future. Not only do they boast invaluable wisdom, experiences and insights but their voices matter too. In this ongoing program, we firmly believe that you can learn from anyone at any age, and we want to create spaces where seniors can feel seen and heard.

Support provided: grocery support and visits with community members.



2025 UPCOMING EVENTS

BE SURE TO STAY TUNED FOR MORE UPDATES THROUGH OUR SOCIAL MEDIA, AND EXPECT MORE EVENTS, MORE INSPIRATION, AND ENDLESS POSSIBILITIES!

THE POSSIBILITIES ARE #ENDLESS

FUNDING

Although we continue to struggle with funding for our organization, we are so incredibly grateful for the help we have received thus far. The following organizations have contributed funding that has helped make running our numerous programs possible:

- 1. Trillium Foundation
- 2. Walmart
- 3. Royal Dental
- 4. UBC built Local 27
- 5. African Social Development Council
- 6. Family and Friends (It takes a village)
- 7. Women and Gender Equality (WAGE

TEAM PICKS

THE BLACK-OWNED BUSINESS TO SUPPORT THIS MONTH



BEAUTY SPOTLIGHT: DANESSA MYRICKS







BLACK CREATIVE TO KNOW ABOUT THIS MONTH:







SOMETHING WE'RE LOVING
THIS MONTH

ONE OF THEM DAYS - MOVIE STARRING SZA AND KEKE PALMER



CONNECT WITH US

Website: https://www.endlesspossibilitieshope.org/

Email: endlesspossibilities@rogers.com

Instagram: @endlesspossibilitiesconnect

LinkedIn: https://www.linkedin.com/in/anna-owusu-

prempeh-846a5417/?originalSubdomain=ca

Phone number: 647-293-2658

